

COACHING - 'CLUB PRIDE'

'Club Pride' is a coach led, player focused programme for players who want to learn, practise and continue their personal development. It follows on from the recent Coaching Forum.

Venue: Burnside Bowling Club

Programme details:

- **Sunday 16 October, 10-12pm**
On-the-green game play and tactics led by Graeme Rees.
- **Thursday 20 October, 5.30-7pm**
Guest speaker Andrew MacLennan presents on fitness.
- **(No sessions Labour Weekend 22-24 October)**
- **Thursday 27 October, 5.30-7pm**
SiliconCoach video analysis (allows delivery to be captured on video and analysed) with Cushla McGillivray. Others out on the green with Graham Tate and other coaches.
- **Sunday 30 October, 10-12pm**
John Quin (Sports Psychologist) is the guest speaker. Also, goal setting led by Vince Roper.
- **Sunday 6 November, 10-12pm**
Teaching Games For Understanding (TGFU) led by Vince Roper. This refines delivery technique and practises shot execution.

Programme may change due to the availability of guest speakers.

Cost

- One-off payment of \$20.00 per person for access to all sessions
- Pay at first session attended
- Cost covers professional guest speakers and handouts.

How to register

- Email brucefamily@clear.net.nz
- Phone Richard Bruce on (03)358-8222
- Place name on the sheet in the match rooms after 5pm on 10 October.